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Serve Wine Simply with Your Super Bowl Spread

According to Cajun Chef and entertaining expert John Folse, the main thing to remember is that there's nothing to be afraid of when determining what wine to serve. He provides the following simple tips when it comes to offering wine to your guests:

- **Add it up.** When preparing for your party, plan for about two glasses of wine per guest. To determine which types of wine, follow this simple formula: 60 percent white wine and 40 percent red wine. Champagne, sparkling wine and rosé are considered white wine for these calculations.
- **Super-size it.** When buying wine for the party – remember that there are a wide variety of magnum-sized wine bottles (1.5 liters) that hold 10 glasses of wine compared to the regular 750 ml bottle of wine that pours 5 glasses.
- **Serve it family style.** Treat the wine like you treat food. Serve everything family style on a buffet and let your guests pick and choose the wines and foods that please them the most.
- **Variety is the key.** There's a wine choice for everyone. According to the Wine Market Council, 65 percent of Americans are white wine drinkers, while 35 percent prefer red wine. The main thing to remember is to offer a variety - whether it's food or wine so that everyone's happy.
- **Chill out.** You don't need an ice bucket to serve white wine. Simply chill your white wine in the refrigerator for 2 hours or more until game time and it will stay at a pleasant, cool temperature out of the refrigerator for the duration of the game. Red wine need not be chilled.
- **Don't worry about the glass.** You can serve wine in anything from a tumbler to a fancy stemmed glass. The thing to remember is not to spill the wine when cheering on your favorite team.
- **Leftovers Rule.** Treat your wine leftovers just like you treat food leftovers. Simply reseal by recorking the wine or use a simple bottle stopper and place in the refrigerator. Your red or white wine will keep in the refrigerator for about 3-5 days.

For more tips on entertaining with wine and to access Chef Folse's Super Bowl recipes and wine picks, log onto www.wineanswers.com.

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